

# Sportsplex of St. Charles

## House Rules for 2008 Roller Hockey

All USA Hockey Inline rules apply.

There are a few exceptions listed in the following rules.

Some of these rules differ from standard USA Hockey rules

1. Absolutely no gum, food, or pop on player's benches. Water and sports drinks are allowed. Teams will be given a bench minor penalty if this rule is broken.
2. No "jumping" over the boards. There are 2 access doors per player's bench. PLEASE USE THEM!!!
3. There are no penalty boxes so players will be required to sit at their own bench while serving a penalty.
4. There is no shooting, puck-handling, passing, etc. allowed outside of the court. Players may be asked to leave the facility with no refund.
5. Spitting on player's benches, in the locker rooms, or on the playing surface is not allowed. An unsportsmanlike conduct penalty will be given. Please respect our facility.
6. Teams will have access to team rooms ½ hour prior to game time. All teams will be required to have an adult (18 and older) submit car keys as a deposit before team room keys are issued to be able to lock the rooms. The team in the locker room will be responsible for cleaning up the team rooms upon departure as well as any damage that may have been caused. If there is a problem with your room before you enter, please let a staff member know. A Sportsplex staff member will check the rooms before the deposited car keys are returned.
7. **Please refrain from "slamming" sticks against the boards, glass, or court. Players will be given an unsportsmanlike conduct penalty if rule is broken. This rule will be strictly enforced, with no warnings given. Please respect our facility!**
8. Players will not be allowed to play unless they are on a roster and a waiver has been signed. Any players who are not rostered and play in a game will cause their team to forfeit all games in which illegal player played. Goalies may be rostered on more than one team. All skaters can play on no more than 1 team per age division. Non-rostered or suspended players are not allowed on the bench. **Final rosters must be turned in by the third game for all leagues!**
9. **Teams/players must be paid in full before the fourth game. Teams that have not paid in full will be forced to forfeit their game/s until all money has been paid.**
10. Players must have dry, clean skates that are free of dirt, with INDOOR WHEELS only. Outdoor wheels will ruin the playing surface and could cause personal injury. NO BRAKES!
11. Tobacco, alcohol, and illegal drugs are not permitted by any player, coach, team representative. A game misconduct penalty shall be assessed if this rule is broken.
12. Games will consist of three 15-minute running time periods. The clock will only stop during time outs (1 per team). The clock will stop in the last two minutes of the game when the goal differential is 2 or less. The clock does not stop during injuries unless the on-court official/s deems it appropriate.

13. **Teams are required to have matching colored jerseys. Teams that don't have matching jerseys by the 3<sup>rd</sup> game will not be able to play!**

14. Penalties- Both the League Director and the Sportsplex General Manager will make up the "disciplinary committee". Sportsplex reserves the right to uphold or rescind **ANY** penalty/s, as well as add to or subtract from the number of games a player/coach is suspended.

Fighting Penalty (Automatic Major Penalty and Game Misconduct Penalty)

Fighting penalties will not be tolerated at any cost. Any player receiving a fighting major penalty will be **ejected for the duration of the current game and suspended an additional game. A second incident during the season will result in a 3 game suspension. A third incident will result in expulsion from the league with no refund.**

Gross Misconduct

Any player receiving a gross misconduct penalty will be **suspended until the specific case has been reviewed by the disciplinary committee, referee/s, individual/s involved, and coaches.**

Match Penalty

Any player receiving a match penalty will be **suspended until the specific case has been reviewed by the disciplinary committee, referee/s, individual/s involved, and coaches.**

Major Penalty

If any player receives a major penalty for any other reason other than fighting, **they will be ejected for the duration of the current game and suspended an additional game. A second incident during the season will result in a 3 game suspension. A third incident will result in expulsion from the league with no refund.**

15. If any player receives **3 penalties in one game** an automatic game misconduct will be given.

16. All teams will be awarded 2 points for a win, 1 point for a tie, and 0 points for a loss. Overtime will only be played during playoffs. If one or more teams have the same number of points at the end of the regular season, head-to-head records will be used to determine seeding. If there are still tied teams, total wins, then total goals **against**, total goals for, goal differential, and then a coin flip will be used until the seedings are set. Overtime games will consist of a 2 minute rest period followed by a 5-minute sudden death period. If no winner has been declared after the sudden death period, a shootout will follow. In a shootout, 4 players from each team shall be selected to participate in a series of penalty shot attempts. The players shall alternate attempts until a winner is declared. If all 8 players have shot and there is still no winner, a sudden-death shootout will take place. Visiting team always shoots first.

17. All players are required to sign the official scoresheet prior to the game. The scoresheets will available at the desk until 5 minutes before gametime. After that, a player must notify the scorekeeper that he/she is not signed in yet. **This is important because each player has to have a minimum of 5 games to be eligible for playoffs.**

18. Any player who is injured and is bleeding, must leave the playing surface immediately and may not return until the bleeding has stopped, and the wound is covered.

19. If any player leaves the player's bench during an on court altercation will be ejected from the game and will be suspended for the entire season.

Captains Signature: \_\_\_\_\_

Date: \_\_\_\_\_